

What is expected of me if I join?

Four things.

You are expected to be committed to your karate training, and to attend classes on a regular basis.

You are expected to give your karate training your maximum effort, and to work hard during practice.

You are expected to demonstrate the respect, humility and courtesy upon which karate's long-standing tradition is founded.

And of course, you are expected to pay your membership dues and other fees.