**Welcome to the**

 **“Stop the Bully Now”**

As a parent, there is nothing more agonizing than knowing your child is suffering from the emotional, verbal and/ or physical abuse of a bully.

If you too were bullied as a child, you know yourself that the scars can take a lifetime to heal.

Do you worry that your child might be saying “yes” when he or she should be saying “no?”

A child needs tremendous strength and good character to avoid the dangers and temptations that young people encounter in today’s society.

The following report contains powerful information to help your children stay safe and free from the influences of ‘bullies” and peer pressure.

**Your children have the right to enjoy school and life FREE of pressures and stress of school yard bullies.**

**The Powerful Negative effects of being Bullied**

The National Institute of Child Health and Human Development (NICHD) study found that bullying has long term and short term psychological effects on both those who bully and those who are bullied. Victims experienced loneliness and reported having trouble making social and emotional adjustments, difficulty making friends, and poor relationships with classmates. Victims of bullying often suffer humiliation, insecurity, and a loss of self-esteem, and they may develop a fear of going to school. The impact of frequent bullying often accompanies these victims into adulthood; they are at greater risk of suffering from depression and other mental health problems, including schizophrenia. In rare cases, they may commit suicide.