**Student Creed**

**Remembering that the martial arts**

**Begin and end with respect,**

**I intend to:**

**(1). Develop myself in a positive**

**manner and avoid anything that**

**would reduce my mental growth**

**or physical health.**

**(2). Develop self-discipline in order to bring**

**out the best in myself and others.**

**(3). Use what I learn in class**

**Constructively and defensively, to**

**help myself and fellow man and never**

**to be abusive or offensive.**