



Bio

Born on November 1, 1958 in the Bronx N.Y. Shihan Edmondson started training in Martial Arts in 1973 and went on to train with Grandmaster Willett in 1975 until Present. He was the premier Martial Arts instructor for solders within the 24th INFANTRY DIVISION DELTA co. 2/7 INF TASK FORCE during desert shield in preparation for desert storm. SGT. Edmondson also headed three martial Art schools during his two tours in Germany while serving in the US ARMY for soldiers and family members of department of defense. Shihan Edmondson is a three-time Martial Arts hall of famer, an ordained Deacon and Motivational Speaker who helps youth find his or her purpose and understanding of what gift the creator has put in their hands even if they are at a handy cap.

Shihan Edmondson has been working with troubled youth for over 30 years. He has changed the lives of hundreds of people from all over the east coast and internationally. Shihan understands the challenges urban youth face and has dedicated his life to training in effort to promote future success in the lives of troubled youth. His teachings at the Mighty Warier Christian Martial Arts school in the Poconos area teaches every student that Christian martial art improves physical health and spirituality and that the greatest warrior is the Warrior who neutralizes the Situation without harming his Assassin.