

Do you have beginners-only classes?

Students are often worried joining in with other students who have already been training for some time. However, holding specific beginners only classes is not the best way to teach someone Karate. You may end up with the blind teaching the blind, where no-one knows what is going on.

By placing beginners in with the more advanced students, they are able to copy correctly what the other students as well as the instructor is doing. And as we practice partner work, you will be paired with a more advanced student who can correctly show you what to do. In this way we are able to teach you Karate at a much faster rate.

You don't need to worry about whether you'll "get beaten up by little 4 yr old Karate kids" - we take students from 4 years and up, to ensure a mature, relaxed and professional atmosphere that makes our Karate classes fun and effective.